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Two Independent Harmonic Oscillators

$$\begin{aligned} [a_+, a_+] &= 1 & \text{w/ } [a_+, a_-] &= 0 \\ [a_-, a_-] &= 1 & & \end{aligned}$$

$$N_+ = a_+^\dagger a_+ \quad N_- = a_-^\dagger a_-$$

$$\text{w/ } [N_+, N_-] = 0$$

$$\Leftrightarrow N_+ |n_+, n_-\rangle = n_+ |n_+, n_-\rangle$$

$$N_- |n_+, n_-\rangle = n_- |n_+, n_-\rangle$$

But $[N_+, a_+] = -a_+$ etc...

$$\Leftrightarrow n_+ = 0, 1, 2, \dots$$

$$n_- = 0, 1, 2, \dots$$

$|0, 0\rangle = \text{"Vacuum State"} \equiv |0\rangle$

Recall $a_+^\dagger |n_+, n_-\rangle = \sqrt{n_+ + 1} |n_+ + 1, n_-\rangle$
 $a_- |n_+, n_-\rangle = \sqrt{n_-} |n_+, n_- - 1\rangle$

$$a_+ |0, 0\rangle = 0 = a_- |0, 0\rangle$$

$$|n_+, n_-\rangle = \frac{(a_+^\dagger)^{n_+}}{\sqrt{n_+!}} \frac{(a_-^\dagger)^{n_-}}{\sqrt{n_-!}} |0, 0\rangle$$

Associate with Angular Momentum

Define $J_z \equiv \frac{\hbar}{2} [N_+ - N_-]$

$$J_z |n_+, n_-\rangle = \frac{\hbar}{2} (n_+ - n_-) |n_+, n_-\rangle$$

\rightarrow m \hbar i.e. $n_+ - n_- \rightarrow 2m$

Can show that for $J_+ \equiv \hbar a_+^\dagger a_-$
 $J_- \equiv \hbar a_-^\dagger a_+$

have $[J_+, J_-] = 2\hbar J_z$

$\rightarrow [J_z, J_\pm] = \pm \hbar J_\pm$

Equivalent to
 $[J_x, J_y] = i\hbar J_z$
 etc...

Proof: $[J_+, J_-] = \hbar^2 [a_+^\dagger a_-, a_-^\dagger a_+]$
 $= \hbar^2 (a_+^\dagger a_- a_-^\dagger a_+ - a_-^\dagger a_+ a_+^\dagger a_-)$

But $a_- a_-^\dagger - a_-^\dagger a_- = 1 \Rightarrow a_- a_-^\dagger = 1 + a_-^\dagger a_-$

$\hookrightarrow [J_+, J_-] = \hbar^2 (a_+^\dagger a_+ + a_+^\dagger a_-^\dagger a_- a_+ - a_-^\dagger a_- - a_-^\dagger a_+^\dagger a_+ a_-)$
 $= \hbar^2 (a_+^\dagger a_+ - a_-^\dagger a_-)$
 $= \underline{2\hbar J_z}$ QED.

Define $N = N_+ + N_-$

$N |n_+, n_-\rangle = (n_+ + n_-) |n_+, n_-\rangle$

\hookrightarrow Try $\vec{J}^2 = \frac{1}{2} (J_+ J_- + J_- J_+) + J_z^2$

$= \frac{1}{2} \hbar^2 (a_+^\dagger a_- a_-^\dagger a_+ + a_-^\dagger a_+ a_+^\dagger a_-)$
 $+ \frac{1}{4} \hbar^2 (N_+ - N_-)^2$

$$\begin{aligned}
& a_+^\dagger a_- a_-^\dagger a_+ + a_-^\dagger a_+ a_+^\dagger a_- \\
&= a_+^\dagger a_+ + a_+^\dagger a_-^\dagger a_- a_+ \\
&+ a_-^\dagger a_- + a_-^\dagger a_+^\dagger a_+ a_- \\
&= N_+ + N_+ N_-
\end{aligned}$$

$$\Rightarrow + N_- + N_- N_+ = N_+ + N_- + 2 N_+ N_-$$

$$\Rightarrow \underline{\underline{J^2}} = \frac{\hbar^2}{4} \left[2N_+ + 2N_- + \cancel{4N_+ N_-} + \underbrace{N_+^2 + 2N_+ N_- + N_-^2} \right]$$

$$= \frac{\hbar^2}{4} \left[\underline{2N} + \underline{N^2} \right] = \underline{\underline{\frac{\hbar^2}{2} N \left(\frac{N}{2} + 1 \right)}} \quad \checkmark$$

"Spin zero has $0 = n_+ + n_-$ quanta"

$\hookrightarrow \underline{\underline{J^2}}$ eigenvalue = 0

"Spin - 1/2 has $1 = n_+ + n_-$ quanta"

$\hookrightarrow \underline{\underline{J^2}}$ eigenvalue $\frac{3}{4} \hbar^2 = \frac{1}{2} \left(\frac{1}{2} + 1 \right) \hbar^2$

"Spin - 1" $2 = n_+ + n_-$

$\hookrightarrow \underline{\underline{J^2}}$ eigenvalue $\frac{\hbar^2}{2} 2(1+1) = 1(1+1) \hbar^2$

More formally

$$m \rightarrow (n_+ - n_-) / 2$$

$$j \rightarrow (n_+ + n_-) / 2$$

$$\Leftrightarrow n_+ \rightarrow j + m \quad n_- \rightarrow j - m$$

i.e. Eigenvalues of \vec{J}^2 are

$$\frac{\hbar^2}{2} 2j \left(\frac{2j}{2} + 1 \right) = j(j+1) \hbar^2 \quad \underline{\underline{\text{Right!!}}}$$

$$|n_+, n_-\rangle = \frac{(a_+^\dagger)^{n_+}}{\sqrt{n_+!}} \frac{(a_-^\dagger)^{n_-}}{\sqrt{n_-!}} |0,0\rangle$$

$$\underline{|jm\rangle} = \frac{(a_+^\dagger)^{j+m} (a_-^\dagger)^{j-m}}{\sqrt{(j+m)! (j-m)!}} |0,0\rangle$$

$$\Leftrightarrow |jj\rangle = \frac{(a_+^\dagger)^{2j}}{\sqrt{(2j)!}} | \bigcirc \rangle$$

Useful! Calculating $D_{m'm}^{(j)}(R)$

Recall $D_{m'm}^{(j)}(\alpha, \beta, \gamma)$

$$\equiv \langle jm' | D(R) | jm \rangle$$

$$D(R) | jm \rangle = D(R) \frac{(a_+^+)^{j+m}}{\sqrt{(j+m)!}} \frac{(a_-^+)^{j-m}}{\sqrt{(j-m)!}} |0,0\rangle$$

$$a_+^+ a_+^+ \dots a_+^+ a_-^+ a_-^+ \dots a_-^+ \quad \underline{1} = \underline{D^{-1}(R)} D(R)$$

$$\Rightarrow D(R) | jm \rangle = \frac{[D(R) a_+^+ D^{-1}(R)]^{j+m} [D(R) a_-^+ D^{-1}(R)]^{j-m}}{\sqrt{(j+m)! (j-m)!}}$$

$$D(R) |0,0\rangle$$

$$\underline{D(R) a_{\pm}^+ D^{-1}(R)}$$

use $D(0, \beta, 0) = e^{-iJ_y \beta / \hbar} \quad J_y = \frac{1}{2i} (J_+ - J_-)$

then Baker-Hausdorff lemma... $\Rightarrow (3.426)$